



BREAKING BARRIERS DAILY

IN SUPPORT OF THE SUNSHINE FOUNDATION OF CANADA

JUNE 18 - 25, 2023

Have you ever been afraid to do something or needed the motivation to try an activity you've been dreaming of doing?

Now's your chance!

TAKE PART IN 4 EASY STEPS

- 1 - Choose a (personal) barrier you're going to break
- 2 - Register as an individual or a team
- 3 - Ask for support and raise funds
- 4- Share your challenge on event week

Join Sunshine's mission to break barriers and change lives. Achieving your personal goal will support more Sunshine Dreams and can motivate the young people we serve to achieve their goals too!

WWW.SUNSHINEBREAKINGBARRIERS.CA